## "The more risks you allow children to take the better they learn to look after themselves." Roald Dahl

RISK

Children are competent, confident and capable learners, who are able to make choices and decisions for themselves. They learn from experience and they need to find opportunities that will stimulate and challenge them. Children can not learn about risk from a text book or from sharing someone else's fears. To build self esteem children need to experience authentic challenges themselves. Children need to exercise decision making and learn the consequences of their decisions and how to self- correct. They need to manage, control and even overcome their fears by taking RISKS. (Nature Play, "Learning Outdoors") So, at kindergarten, we introduced a Skate board.:)



We discussed 'risk" and the risks of using a skate board.



We talked about the risk skateboarding posed to other people.



We came up with strategies to minimise the risk.





Then we took risks and had a lot of fun.





## OUTCOME 3:CHILDREN HAVE A STRONG SENSE OF WELLBEING

## Children take increasing responsibility for their own health and physical wellbeing

This is evident, for example, when children:

- are happy, healthy, safe and connected to others
- engage in increasingly complex sensory motor skills and movement patterns
- demonstrate spatial awareness and orient themselves, moving around and through their environments confidently and safely (even on a skateboard)

• show enthusiasm for participating in physical play and negotiate play spaces to ensure the safety and wellbeing of themselves and others

BELONGING, BEING and BECOMING The Early Years Framework for Australia